



THE Russell Inn

HOTEL & CONFERENCE CENTRE



APPETIZERS

Wings - Crispy Deep Fried 2lb \$27.95 1lb \$17.95

Honey Garlic, Zinger, Lemon Pepper, BBQ, 3rd Degree Hot Sauce, Italian Salt & Pepper, Raging Buffalo, Thai Sweet & Spicy, Electric Honey, *Marie Sharp's*: Smokey Sweet, Spicy Mango, Sneaky Sweet Garlic, Sneaky Heat, and In Your Face. Served with Veggie sticks and Ranch dressing. Extra dipping sauce \$0.75



Dry Ribs 1 lb with Caesar Salad \$24.75

Dry Ribs 1/2 lb with Caesar Salad \$19.75

Ribs only 1 lb \$20.75 Ribs only 1/2 lb \$14.75

(same sauce choices as wings)

Chicken Tenderloins \$17.75

Five deep fried tenderloins served with honey dill sauce

Cactus Jack Potatoes \$19.75 GF

Crispy thin potato slices seasoned and deep fried, served with salsa and sour cream.

Cactus Jack Nachos \$26.75 GF

Cactus cut potatoes layered with a spicy Taco meat blend, Cheddar and Mozzarella cheese, diced tomatoes, green onions and banana peppers. Served with a side of salsa, Nacho cheese and sour cream.



Nachos \$22.75 Small \$17.25 GF

Corn Tortilla chips layered with a spicy Taco meat blend, Cheddar and Mozzarella cheese, diced tomatoes, green onions and banana peppers. Served with a side of salsa, Nacho cheese and sour cream.

Nachos without meat \$19.75 Small size without meat \$15.50 Add Guacamole \$4

Veggie Platter \$12.50 GF

Fresh broccoli, cauliflower, mushrooms, celery and carrots. Served with Ranch dressing.

Bruschetta \$14.50

Grilled garlic bread topped with a sautéed mix of fresh basil, tomatoes, green onions and Feta cheese.

Spinach & Artichoke Dip \$17.50 GF

Served with tri-color chips for dipping.

Breaded Mozza Sticks \$16.50

Ten deep fried Mozzarella sticks served with choice of tomato sauce or Ranch dressing.

Sweet Potato Fries \$12.50 GF

Served with Chipotle mayo (substitute for entrée side for only \$2 more)

Deep Fried Dills \$12.75

Onion Rings \$13

BURGERS

Comes with choice of side (Fries, Mashed Potatoes, Veggie Sticks, Tossed Salad or Caesar Salad)

Classic Burger \$18.45 5oz. Ground chuck patty served on a Brioche bun.

Lettuce, Tomato, Mayo, Relish, Mustard, Onions, Pickles

Cheeseburger \$19.45 Our Classic burger with cheese.



Bacon Cheeseburger \$20.45

Our Classic burger with cheese and bacon.

Mozzarella Mushroom Burger \$20.45

Our Classic burger with Mozzarella cheese and mushrooms added.

Hwy 45 Burger \$20.45 Our Classic burger with

Homemade BBQ sauce, Havarti cheese and Portobello mushrooms.

Route 83 Bison Burger \$22.95

Bison patty, Bull's-Eye BBQ sauce, Jalapeno Cheese and Hickory Smoked Bacon.

Yellowhead Burger \$20.45

Classic burger with Whiskey BBQ sauce, Old Cheddar cheese and Hickory Smoked Bacon.

Chicken Crunch Parmesan \$21.45

Breaded Chicken breast covered in homemade tomato sauce, Havarti & Parmesan cheese, lettuce, tomato and mayo on a Brioche bun.

Cheddar Chicken Grill \$21.45

Charbroiled chicken breast topped with melted cheese, tomato, lettuce and mayo.

Cajun Chicken Grill \$21.45

Charbroiled chicken breast, encrusted with Cajun spices with lettuce, tomato and mayo. Comes with your choice of side or Nachos with cheese sauce, tomatoes, green onions, salsa and sour cream.

Veggie Burger \$18.45 Grilled garden veggie burger with lettuce, tomato and mayo.

Salmon Burger \$20.45 Grilled Salmon patty with lettuce, tomato and mayo.

QUESADILLAS

10" White or 12" Whole Wheat flour Tortilla



Original \$16.50

Tomatoes, green onions and shredded cheese.

Served with salsa and sour cream.

Grilled Chicken \$21.75 Spicy Ground Beef \$19.75

SOFT TACOS

Two 6" White flour Tortillas

With chopped green leaf and shredded cheese. Served with salsa and sour cream.

Grilled Chicken 17.50 Spicy Ground Beef \$15.50

DESSERTS

Blackout Torte \$10.75

Brownie Obsession \$8.95

Melt Away Apple Crisp \$8.95

Cheesecake \$8.95

(Please ask which varieties are available)



PASTAS

Fettuccine Alfredo \$21.50 Small \$18.20

Fettuccine tossed with Alfredo sauce. Served with garlic toast.



Arasta Pasta \$24.50 Small \$19.75

Bacon, green onions, tomatoes and fresh rosemary, sautéed in garlic butter and tossed with Alfredo sauce and Penne noodles. Served with garlic toast.

It's All Greek To Me \$25.50 Small \$20.20

Sliced chicken breast sautéed with garlic, fresh oregano, green onions and tomatoes. Tossed with Fettuccine pasta and creamy Alfredo sauce and topped with crumbled Feta cheese. Served with garlic toast.



Fettuccine Chicken Mushroom Alfredo \$26.50 Small \$20.20

Chicken breast sliced then sautéed with garlic, mushrooms and fresh oregano. Tossed with Fettuccine and Alfredo sauce.

Served with garlic toast.

Spaghetti and Meatballs \$26 Small \$19.20

Spaghetti noodles tossed with tangy tomato sauce, meatballs, fresh basil and topped with melted Mozzarella and Cheddar cheese. Served with garlic toast.

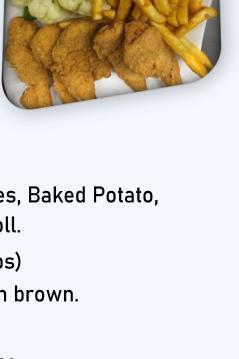


Lasagna Lanciare \$25.50 Small \$21.20

Classic lasagna dish converted to a tossed pasta entrée. Spicy ground beef sautéed with red onions, mushrooms, green peppers and fresh basil and tossed with tomato sauce and Penne noodles. Served with Caesar salad and garlic toast.

Striploin Stroganoff \$40.00 Small \$32.20

Thin slices of striploin steak pan fried with butter, salt & pepper, mushrooms, pickles, garlic and fresh rosemary. Tossed with Alfredo sauce, sour cream and Fettuccine noodles. Served with garlic toast.



Fettuccine New Orleans \$29.90 Small \$21.20

A Cajun encrusted chicken breast, sliced and tossed with Nacho chips, creamy Alfredo sauce, Fettuccine pasta and Chipotle pesto. Garnished with a dollop of salsa. Served with garlic toast.

DINNER ENTRÉES

Served with Vegetable of the day and choice of Fries, Mashed Potatoes, Baked Potato, Veggie Sticks, Tossed Salad or Caesar Salad and a Dinner Roll.

Chicken Finger Dinner \$26.95 (five strips) Small \$24.75 (four strips)

Five tender strips of chicken deep fried in heart healthy Canola oil until golden brown.

Chicken Mushroom Alfredo \$26.25 GF

Charbroiled chicken breast topped with sautéed mushrooms and Alfredo sauce.

Veal (milk-fed) Mushroom Alfredo \$28.25

Breaded veal cutlet, lightly browned and topped with sautéed mushrooms and creamy Alfredo sauce.



Veal (milk-fed) Cutlet \$26.25

Breaded veal cutlet lightly browned and grilled. Served with apple sauce.

Roast Beef Dinner \$26.95 Small \$25.95

Slow roasted Canadian beef topped with a Yorkshire pudding and Demi-glace.

Pork Back Ribs \$30.25 Half Rack \$25.25 GF

Add a Half Rack \$15.95

Rack of pork back ribs basted with our own BBQ sauce.

New York Steak 9oz. \$54.55 7oz. \$43.35 GF

Our custom cut AAA New York strip steak, charbroiled and topped with sautéed mushrooms.



BBQ Jack Daniel's Steak \$45.85 GF

AAA 7oz. New York strip steak, charbroiled and basted with our own Jack Daniel's BBQ sauce and topped with sautéed mushrooms.

New York Steak Sandwich \$43.75

AAA 7oz. New York strip steak, charbroiled and served on garlic toast topped with onion rings.

Steak & Shrimp Combo \$50.95

7oz. New York strip steak topped with sautéed mushrooms along with four Torpedo shrimp with cocktail sauce.



Chicken & Ribs Combo \$32.25 Extra Half Rack \$15.95 GF

A half rack of slow roasted BBQ back ribs and a BBQ'd chicken breast

Torpedo Shrimp \$35.25

Eight Panko breaded shrimp, deep fried in heart healthy Canola oil, served with cocktail sauce.

Jumbo Haddock \$29.35

One huge battered Haddock served golden brown with tartar sauce.

VEGAN PIZZA

*12" Vegan Pizza \$31.95 *Side Not Included GF

Cauliflower crust, tomato sauce, Daiya cheese, vegan crumble, mushrooms, red onion, and green peppers.



BEVERAGES

Coffee or Tea \$4.45

Flavoured Teas, Ice Tea or Lemonade \$4.45

Tropical Mango \$4.45

Orange or Apple Juice Lg. \$4.50 Sm. \$4

Milk Lg. \$4.50 Sm. \$4 Chocolate Milk Lg. \$5.25 Sm. \$4.45

Soft Drinks Lg. \$4.75 Sm. \$4.45 (up to three refills on Lg. soft drinks)

Coke, Diet Coke, Sprite, Minute Maid Orange, Barq's Rootbeer.

Bottled Water 355ml \$3.45 Perrier 330ml \$4.45

Gluten Free GF Spicy

Chef's Note: Not all ingredients are listed.

Please advise your server of any allergies or diet requirements.

Prices do not include taxes or gratuity.



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HOTEL & CONFERENCE CENTRE



BREAKFAST - Until 4 pm

EGGS

GF Gluten Free when served without toast

Served with golden hash browns, two slices of toast and jam.

Two Eggs \$12.75 **One Egg** \$11.45

Two Eggs with Bacon or Sausage \$15 **One Egg** \$13.75

Black Forest Ham and Eggs \$17 **One Egg** \$15.75



EGGS BENEDICT

Two Eggs An English muffin halved, grilled and topped with smoked ham, poached eggs and a tangy hollandaise sauce. Served with golden hash browns. \$18.45

One Egg \$16.45



OMELETTES (Three eggs)

Cheese \$11 With Hashbrowns, Toast & Jam \$14.45

Bacon & Cheese \$14.45 With Hashbrowns, Toast & Jam \$18.45

Cheese & Mushrooms \$14 With Hashbrowns, Toast & Jam \$18

Denver \$13 With Hashbrowns, Toast & Jam \$17

Veggie (Tomatoes, Mushrooms and Green Onions) \$13 With Hashbrowns, Toast & Jam \$17

EGG SANDWICHES

Served with golden hash browns.

Denver \$15 Two eggs whipped with green onions and black forest ham.

Fried Egg \$12.75 Two eggs cooked over hard.

CEREAL

Served with milk, toast and jam.

Homemade Oatmeal with brown sugar \$11.95 **Cold Cereal** \$9.25

SKILLETS

GF Gluten Free when served without toast

Two scrambled eggs, with below choice of toppings placed on a bed of our homemade hashbrowns and topped with melted cheddar cheese.

Served with toast and jam.

Meat Lovers Bacon, Ham and Sausage \$20.75

Mexi Spicy Ground Beef, Banana Peppers, Green Onions and Tomatoes \$20.25

Sausage Diced Sausage and Green Onions \$19.25

Denver Sautéed Ham and Green Onions \$18.25

Veggie Tomatoes, Mushrooms and Green Onions \$17



BELGIAN WAFFLES

Waffle One huge waffle served with whipped cream, syrup and butter.

Full Waffle \$14.25 Half Waffle \$11



Waffle & Bacon Full Waffle \$16.45 Half Waffle \$12.75

Waffle & Sausage Full Waffle \$16.25 Half Waffle \$13

Apple Cinnamon Waffle Full Waffle \$16.45 Half Waffle \$13

(pan-fried apples with brown sugar and cinnamon)

Strawberry Waffle Full Waffle \$16.45 Half Waffle \$13

FRENCH TOAST (only 'til Noon)

French Toast Three slices of thick French bread dipped in egg and grilled until golden brown. Topped with icing sugar and cinnamon. Served with whipped cream, syrup and butter.

Full size \$15.25 Small (two slices) \$12



French Toast & Bacon \$17.25 Small \$13.75

French Toast & Sausage \$17.45 Small \$14

STEAK & EGGS

GF Gluten Free when served without toast

7 oz. New York Steak and 2 Eggs \$44.40

Done to your liking and served with Hashbrowns, toast and jam.

BREAKFAST EXTRAS

Toast \$6.25 **Hash Browns** \$4.75 **Hot Oatmeal** \$6.50

Cold Cereal \$6.00 **One Egg** \$3.95 **Two Eggs** \$5.25

Bacon \$5 **Ham** \$5.75 **Sausage** \$5.50 **Steak** (7 oz New York) \$27.50

Fruit Cup \$3.95 **Substitute Fruit Cup** \$1.50

Fruit Bowl \$10.95 **Fruit Bowl with Toast** \$14.25



EXTRAS

Fruit Cup \$3.95

Fries Lg. \$7.25 Sm. \$5.25

Gravy \$3.20

Poutine Lg. \$14.70 Sm. \$10.70

Bacon (2 slices) \$3.75

Extra Cheese \$2.25

Chicken Breast \$6.50

Steak Strips \$19.95

Extra Ground Chuck Patty \$5.25

Gluten Free **GF** Spicy **FLAME**

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STARTERS

French Onion Soup \$9.45

Sautéed onions and spices in a rich beef stock. Served Au Gratin with a huge crouton. Comes with a slice of garlic toast.



Soup of the Day \$6.45

Made fresh daily with the best quality of ingredients.

Tossed Salad (starter size) \$6.95

Caesar Salad (starter size) \$9.50

Romaine chopped and tossed with croutons,

Parmesan cheese and homemade Caesar or Kraft® dressing.



Greek Salad (starter size) \$10.95 **GF**

Romaine chopped and topped with red onions, black olives, tomatoes, cucumbers and Feta cheese. Drizzled with our own tangy Greek vinaigrette.

Three Leaf Salad (starter size) \$10.95 **GF**

Mixed greens tossed with crisp apples, dried cranberries and Feta cheese. Drizzled with a creamy yogurt based raspberry dressing.

SALADS

Caesar Salad \$17.25

Romaine lettuce, croutons, Parmesan cheese and our homemade Caesar or Kraft® dressing. Garnished with a lemon wedge and served with garlic toast.

Grilled Chicken Caesar Salad \$19.25 Small \$18.25

Caesar Salad topped with sliced charbroiled chicken breast. Served with garlic toast.

Honey Garlic Chicken Caesar Salad \$19.25 Small \$18.50

Caesar Salad topped with sliced charbroiled chicken breast tossed in honey garlic sauce. Served with garlic toast.

Cajun Chicken Caesar Salad \$20.95 Small \$18.95 **FLAME**

Caesar Salad topped with sliced Cajun encrusted charbroiled chicken breast. Served with a side of salsa and garlic toast.

Taco Salad \$20.95 Small \$17.95 **GF**

Green leaf lettuce tossed with spicy ground beef, Nachos and cheese sauce and topped with green onions and diced tomatoes. Served with a side of salsa, Nacho cheese, sour cream and garlic toast.

Greek Salad \$18.95 **GF**

Romaine chopped and topped with red onions, black olives, tomatoes, cucumbers and Feta cheese. Drizzled with our own tangy Greek vinaigrette.

Add Chicken breast \$6.50 or Steak strips \$19.95

Three Leaf Salad \$21.50 **GF**

Mixed greens tossed with crisp apples, dried cranberries and Feta cheese. Drizzled with creamy yogurt based raspberry dressing, topped with sliced charbroiled chicken breast. Served with garlic toast.

Fruit Salad \$19.95 Small \$14.95 **GF**

Assorted seasonal fruit. Comes with Rye Toast



SANDWICHES OR WRAPS

Made with the finest meats, fresh bread and quality produce.

Comes with choice of side or soup of the day.

Denver \$15 **Sandwich only** \$11

Grilled Cheese \$13 **Sandwich only** \$9.10

Ham & Cheese \$15.50 **Sandwich only** \$11.60

Roast Beef \$15.50 **Sandwich only** \$11.60

Corned Beef & Mozza \$15.50 **Sandwich only** \$11.60

BLT \$15.50 **Sandwich only** \$11.60

Turkey & Lettuce \$15.50 **Sandwich only** \$11.60

HALF SANDWICH with Soup or **HALF SANDWICH with choice of Side** \$14



LUNCH ENTRÉES

Served with choice of side (Fries, Mashed Potatoes, Veggie Sticks, Tossed Salad or Caesar Salad)

Chicken Finger Lunch (four strips) \$20.45 Small \$18.45 (three strips)

Four tender strips of chicken deep fried in heart healthy Canola oil until golden brown.

Chicken Mushroom Alfredo \$22.45 **GF**

Charbroiled chicken breast topped with sautéed mushrooms and Alfredo sauce.

Veal (milk-fed) Mushroom Alfredo \$25.45

Breaded veal cutlet, lightly browned and topped with sautéed mushrooms and creamy Alfredo sauce.

Veal (milk-fed) Cutlet \$23.45

Breaded veal cutlet lightly browned and grilled. Served with apple sauce.

New York Steak Sandwich \$41.75

A 7oz. New York strip steak, charbroiled and served on garlic toast topped with onion rings.

Chuck Wagon Steak \$23.45

Two 5oz. Ground chuck patties smothered with sautéed onions, mushrooms and gravy.

Clubhouse Sandwich \$20.45 (please tell your server if you wish to add Mayo)

A triple-decker toasted sandwich filled with in-house roasted turkey, bacon, lettuce and tomato.

Reuben Sandwich \$20.95 Sandwich only \$17.95

Grilled rye bread with steamed corned beef, sauerkraut and Mozzarella cheese.

Fish & Chips \$22.45

Two beer battered Haddock, deep fried until golden brown.

Hot Turkey Sandwich \$20.45 Small \$18.45

Fresh oven roasted turkey sliced and piled high between two slices of bread and smothered with rich turkey gravy.

Hot Roast Beef Sandwich \$20.45 Small \$18.45