## **Detox Body Wrap with Massage**

Ingredients: French Green Sea Clay, Jojoba, Avocado, Peach Oil, Sunflower Oil, Seaweed Extracts of Laminaria Digitata, Fucus Vesticulosus, Spirulina, Sea Rocket and Sea Fennel Rich concentrations of algae, minerals and vitamins derived from active seaweed varieties harvests off the Brittany Coast of France. For firming, stimulating and detoxifying.

Properties of Laminaria Digitata:

Moisturizing, soothing, anti-irritant, anti-cellulite, antiseptic. Antiedema activity: Laminaria digitata contains organic iodine, which mobilizes the fluids retained in some body areas, stimulates blood circulation and helps eliminating toxins.

Seaweed Extract Benefits For Skin.

Seaweed contains many vitamins, minerals, enzymes and amino acids that are strong antioxidants, each of which have skin rejuvenating and healing properties. Because of these antioxidants, seaweed is great at promoting tissue regeneration and creating skin elasticity.

Spirulina decreases inflammation, tones the skin and encourages cell turnover to promote a more youthful-looking complexion.

Sea Fennel is rich in minerals and vitamins A, C, E, with antioxidant, antiseptic, toning, skin-conditioning, and soothing properties. It is also thought to increase local blood circulation and the production of collagen and elastin.

## Treatment time: 90 mins.

5 mins. - body brush

10 mins. – application

35 mins. - body wrap with your choice of foot and ankle massage or scalp massage

15 mins. – shower, rinse off seaweed mask

25 mins. – body massage





Indulge your body in an aromatic seaweed clay mask while you are cocooned in a warm wrap. This treatment will detoxify, decongest and stimulate your body systems. Includes a half body massage and your choice of pressure point foot massage or a relaxing scalp massage.

> Book online at www.stagandraven.ca or Call 204-773-7514



\$ 149